

Washington Administrative Code for Childcare Centers

170-295-4100

What sleep equipment do I need for infants?

- (1) You must not put infants to sleep in infant or car seats.
- (2) You must provide each infant with a single-level crib (stacking cribs must not be used), infant bed, bassinet or playpen for napping until you and the parent agree that the child can safely use a mat, cot or other approved sleeping equipment.
- (3) Effective December 28, 2012, each crib in use in licensed child care must meet U.S. Consumer Product Safety Commission (CPSC) requirements for full size cribs as defined in 16 Code of Federal Regulations (C.F.R.) 1219, or non full size cribs as defined in 16 C.F.R. 1220.
 - (a) A crib meets the requirements of this subsection if the crib is labeled by the manufacturer as made on or after June 28, 2011.
 - (b) A crib labeled as made from July 1, 2010, through June 27, 2011, may meet the requirements of this subsection if the licensee has obtained a certificate of compliance from the crib manufacturer or importer, or the licensee has other documentation from the manufacturer that the crib is certified as meeting the CPSC regulations.
 - (c) Any crib that does not meet the requirements of subsection (a) or (b) of this subsection must be removed from the child care facility not later than December 28, 2012.
 - (d) The licensee must keep in the licensed space a log documenting that each crib in use meets the requirements of this section.
- (4) You must provide a crib, infant bed, playpen or bassinet mattress that is:
 - (a) Snug fitting and touches each side of the crib to prevent the infant from becoming entrapped between the mattress and crib side rails;
 - (b) Waterproof; and
 - (c) Easily cleaned and sanitized, without tears or tape.
- (5) To allow walking room between cribs and reduce the spread of germs you must:
 - (a) Space cribs a minimum of thirty inches apart. You may place cribs end to end if you provide a barrier. If you use barriers, staff must be able to observe and have immediate access to each child.
 - (b) Provide a moisture resistant and easily cleanable solid barrier on the side or end adjacent to another crib.
- (6) You must provide:
 - (a) An appropriate fitting sheet or cover for the sleeping surface; and
 - (b) A clean light weight blanket or suitable cover for the child.
- (7) You must launder bedding at least weekly and more often if it becomes soiled.

[Statutory Authority: Chapter 43.215 RCW and 16 C.F.R. parts 1219, 1220, 1500, et al. WSR 12-22-023, § 170-295-4100, filed 10/30/12, effective 11/30/12. WSR 06-15-075, recodified as § 170-295-4100, filed 7/13/06, effective 7/13/06. Statutory Authority: Chapters 74.12 and 74.15 RCW. WSR 04-09-093, § 388-295-4100, filed 4/20/04, effective 5/21/04; WSR 03-14-110, § 388-295-4100, filed 6/30/03, effective 8/1/03.]

170-295-4110

What additional sleeping arrangements must I make to reduce the risk of sudden infant death syndrome (SIDS)?

- (1) You must put infants to sleep on their backs to reduce the risk of SIDS unless you have a written note in the infant's file from both the parent and the infant's health care provider requesting another sleeping position.
- (2) Once infants are able to turn over, continue to place them on their back to sleep. You do not need to wake the infants to return them to their back while sleeping.

[WSR 06-15-075, recodified as § 170-295-4110, filed 7/13/06, effective 7/13/06. Statutory Authority: Chapters 74.12 and 74.15 RCW. WSR 03-14-110, § 388-295-4110, filed 6/30/03, effective 8/1/03.]